Attention All Women Cancer Survivors

A Fly Fishing Retreat offered by Women LISTEN, Inc.



August 14 – 16, 2020 LaVerne Griffin Youth Recreational Camp Kalmbach Lake Wasilla, Alaska

Applications Due July 14, 2020

Retreat Description

The retreat is available free of charge to women who have had a diagnosis of any cancer. The retreat will be limited to 12 women. Camp facilities are rustic. Cabins have bunk beds but everyone will be able to sleep on a ground level bed with three participants per cabin. Cabins have small baseboard electric heaters for the cool evenings. Bathroom facilities are located approximately 50 to 100 feet from the cabins. You can find more information about the camp by visiting their website at lgyrc@mtaonline.net. Please bring your own **fishing license**, sheets/sleeping bags, pillows, towels and toiletries. A checklist of suggested camp items will be sent to you upon approval of your application.

Meals will be served in the dining hall. Come prepared to have an enjoyable, fun filled weekend packed with laugher and information as you build your support and empowering network through talking and fly fishing activities.

The retreat camp is located on a beautiful 58-acre facility. The Chugach Baptist Association owns this Southern Baptist camp. It is a religious camp. **Please do not bring pets, fireworks, alcohol or tobacco to the camp. Smoking is not permitted anywhere.**

For individuals who indicate a desire to "Ride Share", a list of individuals along with phone numbers and email addresses will be emailed to you by August 1st. You will be able to contact each other at that time to make appropriate travel arrangements to the camp.

Application forms may be downloaded from the Women Listen website at <u>http://womenlisten.org/retreats.html#flyfishing</u> by clicking on "application" under Fly Fishing Retreat

Retreat Schedule

Friday August 14, 2020 5 PM Registration & check-in 6 PM Dinner followed by evening activities

Saturday August 15, 2020 8:00 AM Breakfast followed by information about fly fishing, equipment & casting 12:00 Lunch followed by a refocus session and how to tie fishing knots & catch & land fish 5:30 PM Dinner followed by relaxation & fishing opportunities

> Sunday August 16, 2020 8:00 AM Breakfast followed by fishing and lake activities 12:30 Lunch followed by reflections & closing 1:45 PM Leave for home

For additional information contact: Jan Schnorr, Retreat Coordinator, Janiceinak@gmail.com

Women LISTEN, Inc. is a local Alaska not-for-profit corporation.